

Intensive Diabetes Daily Log (Date:)

	Weight	Glucose Level	Ketone Level	CHO Grams	CHO Bolus	HI BG Bolus	Basal Rate	Notes
12AM								
1AM								
2AM								
3AM								
4AM								
5AM								
6AM								
7AM								
8AM								
9AM								
10AM								
11AM								
12PM								
1PM								
2PM								
3PM								
4PM								
5PM								
6PM								
7PM								
8PM								
9PM								
10PM								
11PM								
Exercise:								

Breakfast:	Dinner:
Snack:	Snack:
Lunch:	Bedtime:
Snack:	Notes: